

LEGACY



**GARDEN
BUILDERS**

Grow Your Own Food

Legacy Garden Builders Care
Guide

— *Growing community, one bed at a time* —

STATE OF THE PEOPLE TOUR 2025

About Legacy Garden Builders



Our Mission & Vision

Our Mission: To empower families and communities in Louisville (and beyond) to grow fresh, healthy food—one raised bed at a time. We believe that everyone, regardless of yard size or gardening experience, deserves access to quality, organic produce.

Our Vision: A future where urban neighborhoods thrive through sustainable, homegrown gardens. Legacy Garden Builders envisions a city where zip codes don't dictate food access, and each household can experience the joy and nourishment of harvesting its own vegetables, herbs, and flowers.

Our Promise

- **Custom-Built Raised Beds:** Every bed is handcrafted to your preferred dimensions, using premium 2×10×8 lumber.
- **Family-Friendly Design:** We prioritize safe, ergonomic heights and sturdy construction—perfect for parents and kids gardening together.

- Organic Soil Mix: Our proprietary blend of compost, soil, and coconut coir ensures excellent drainage, aeration, and nutrient retention.
- Coaching & Ongoing Support: We don't just drop off a bed—we teach you how to plant, water, and harvest, and remain available for questions.
- Community-Centered Values: As a Black-owned, family business, we're committed to equity, local partnerships, and "pay-it-forward" initiatives whenever possible.

Customer Flow & How to Reach Us

1. Customer Sign-Up Submitted

- You complete our quick online form to tell us what you're looking for.

2. Initial Contact & Consultation Setup

- We'll reach out to schedule your free consultation—either in person or virtual.

3. Consultation Call/Visit

- We discuss your space, goals, garden ideas, and any questions you have.

4. Proposal & Invoice

- You receive a custom plan with services, cost, timeline, and a simple invoice.

5. Approval & Materials Prep

- Once you approve, we collect any needed deposit and prepare materials.

6. Delivery & Setup

- We install your raised bed, plant if needed, and offer care instructions or coaching.

7. Final Payment & Follow-Up

- You make the final payment and receive a thank-you, with options to stay connected.

How to Reach Us & Get Started

Email: trent@newburglegacy.com

Phone: 502-523-5584

Sign Up Here:

Scan the QR code or visit www.newburglegacy.com/start

Starter Services Menu (Price List)

Service	Description	Price
Raised Bed Only (4'x2')	Bed only, no soil or compost included	\$75
Raised Bed Only (4'x4')	Bed only, no soil or compost included	\$100
Starter Raised Bed (4'x2')	Compact raised bed built & installed, filled with soil + compost	\$125
Starter Raised Bed (4'x4')	Standard raised bed built & installed, filled with soil + compost	\$150
Custom-Sized Bed Build	Larger bed built & installed, filled with soil + compost – starting at	\$200 (Starting)
In-Ground Bed Prep	Tilling and compost added to garden plot	\$100
Container Garden Setup	3–5 containers filled with soil + optional trellising	\$75–\$100
Planting Assistance Only	Help planting in existing beds or containers	\$50/hr
Garden Coaching	Virtual or in-person planning & support	\$40/hr
Group Workshops / Parties	Hands-on class for up to 10 people (trellises included)	\$30–\$60

*Ask about multi-bed discounts and our Pay-It-Forward Garden Fund.

What's Inside Your Giveaway Kit

Your Starter Kit Includes

Wooden Raised Bed/Container (1.5'x1.5')

Handcrafted 1 ft × 1 ft × 10 in wooden box, constructed from premium 2×10×8 lumber. Pre-assembled for easy placement—no tools needed at home.

Bag of Custom Soil Mix

Our special organic blend of compost, topsoil, and coconut coir. Provides excellent drainage, aeration, and nutrients—ready for planting.

Seed Packets &/or Seedlings

You will receive up to five (5) color-coded seed packets. Each packet carries a highlighter mark so you immediately know which varieties are inside. **Packet 1** (Light Green): Freedom Mix Lettuce; Bloomsdale Spinach. **Packet 2** (Yellow): Geshniz (Iranian) Cilantro; Italian Flat-Leaf Parsley; Sweet Basil. **Packet 3** (Pink): Heshiko Bunching Onion; Wakayama White Radish. **Packet 4** (Teal): Shades of Gold Marigold. **Packet 5**



(Orange): Black Cherry Tomato. If you receive seedlings, they will be clearly labeled with the same highlight color as above. Follow “Planting Your Seedlings” instructions on Page 7.

Quick-Start Checklist (tear-off card)

A printed, tear-off checklist summarizing the first steps:

- Choose a full-sun location (6+ hrs/day)
- Place bed on level ground
- Fill bed completely with soil mix
- Plant seeds or transplant seedlings
- Water thoroughly (see Page 8 for details)
- Write plant names on labels (provided)

Site Selection & Bed Assembly

Choosing the Right Spot

Sunlight (6+ Hours per Day): Look for a spot that gets at least six hours of direct sunlight. Morning + afternoon sun is ideal for lettuce, tomatoes, and herbs.

Level, Well-Drained Ground: Place your bed on a flat, stable surface so water doesn't pool. If your yard slopes slightly, level ground with a few shims or pavers to stabilize.

Easy Water Access: Keep the bed within 25 feet of a hose or watering can station. Consistent watering is critical, especially in hot weather.

Protected from Strong Winds: Avoid open, windy areas that can stress young plants. A fence, wall, or shrub can serve as a windbreak without blocking sun.

Away from Shade-Casting Trees: Check how tree branches cast shade throughout the day. Move your bed a few feet if midday shadows cut planting time below six hours.

Bed Placement & Assembly Tips

Confirm Contents & Check Hardware: Even though your bed arrives pre-assembled, double-check that the four side panels are firmly fastened at each corner, and that the bottom is secure. If you see any loose screws or gaps, simply retighten using a Phillips head screwdriver.

Position Bed in Chosen Spot: Tilt the empty box onto its side and slide it gently into place. Once it's approximately level, drop it back down and press each corner to ensure stability on the ground.

Leveling (If Needed): If one corner rocks, use small, flat pavers or patio stones under that corner to create a perfectly level base. A carpenter's level makes this quick and precise.

Protecting the Wood (Optional): If your lawn stays very wet, consider placing a layer of landscaping fabric or cardboard under the bed's footprint to reduce prolonged wood-to-soil contact. This extends the life of your box.

Filling the Bed with Soil: Untie the bag of custom soil mix. Pour soil into the bed until it reaches the top of the frame (about 10 inches deep). Gently pat down to remove large air pockets, but do not compact too firmly—roots need room to spread.

Planting Instructions: Seeds & Seedlings

Planting Your Seeds

Mark Your Grid: After placing the empty bed, use a ruler to lightly score the soil surface into nine equal squares (6" × 6" each).

Match the Highlight Colors: Pick up Packet 1 (Light Green) and plant the seeds in cells 1a and 1c (both labeled "L/Sp"). Drop 3–4 lettuce seeds and 3–4 spinach seeds in each of these cells. Lightly cover with ¼" of soil.

Plant Packet 2 (Yellow) Seeds: Cell 2a ("Cil"): Scatter 6–8 cilantro seeds. Cover with ⅛" of soil. Cell 2b ("Pars"): Place 4–5 flat-leaf parsley seeds. Cover with ⅛" of soil. Cell 2c ("Basil"): Place 2–3 basil seeds. Cover with ⅛" of soil.

Plant Packet 3 (Pink) Seeds: Cell 3a ("Onion"): Place 6–8 bunching onion seeds. Cover with ¼" of soil. Cell 3b ("Radish"): Scatter 8–10 radish seeds. Cover with ¼" of soil. Cell 3c remains empty (leave soil loose/loam for now).

Water Gently: Use a fine mist on your watering can or spray nozzle so the soil is evenly moistened but not

Planting Your Seedlings

Harden Off First (If Not Already): If your seedlings have been in trays indoors or greenhouse, place them outside for 2–3 days in partial shade to acclimate.

Dig a Small Hole: In the correct grid cell, dig a hole just large enough to accommodate the seedling's root ball. For lettuce/spinach, space seedlings 6" apart; for cilantro/parsley/basil, space 6" apart; for onions/radishes, space 4" apart; for marigold, space 6" apart; for tomato, plant 12" from any other tomato cell.

Remove Gently from Container: Gently squeeze the plastic pot, then slide the seedling and root ball out with minimal disturbance. Avoid pulling on stems.

Plant at Proper Depth: Place the root ball so the top edge is flush with the soil surface (do not bury deeper than it was in its nursery pot). Press soil gently around base to eliminate air pockets.

Water Immediately: After planting,

puddling.

[Grid Diagram Placeholder: 3" × 3"]

water at the base of each seedling until soil settles. This encourages roots to grow outward instead of staying pot-bound.

Support Tall Seedlings: For tomato seedlings (Packet 5 Orange), insert a 12" stake beside the plant and gently tie the stem with soft twine.

[Seedling Placement Diagram Placeholder: 3.5" × 2.5"]

Watering & Soil Care

Watering Your Bed

First Water-In: Immediately after planting seeds or transplanting seedlings, water the entire bed until water begins to gently seep from the bottom. This helps settle soil around the roots.

Ongoing Watering: In general, aim to water 2–3 times per week, depending on weather:

- **Cooler/Rainy Weeks:** Water once every 5 days if there's consistent rainfall (check soil moisture first by sticking your finger 1" into the soil—if it's still damp, skip).
- **Hot/Dry Weeks:** Water 3 times per week—early morning is best to reduce evaporation.
- **How Much?** Each watering session should moisten the top 6" of soil. Use a watering can or gentle spray nozzle to avoid washing seeds away.

Adjusting for Rain vs. Sun: **Heavy Rainfall:** After a big rain ($\geq 1"$), skip watering for 2 days and check soil moisture. If surface soil stays soggy, wait an extra day before watering again. **Extended Heat:** In prolonged heatwaves (three consecutive days above 85°F), water every other day instead of 2–3 times weekly. **Early**

Soil Health & Fertilizing Tips

Feeding Your Garden: Organic Fertilizer Option: At 3 weeks after planting, mix a thin slurry of coffee-ground fertilizer: Soak 2 tbsp of used coffee grounds in 1 cup warm water for 24 hours. Strain and muddle grounds to release nutrients. Use that liquid to water the bed once per week for 2 weeks. **Eggshell Booster:** If you have powdered or crushed eggshells, sprinkle 1 tbsp per square foot around the base of leafy greens to add calcium and reduce blossom-end rot in tomatoes.

Store-Bought Feed (Optional): After the first 4 weeks, you may apply a balanced organic granular fertilizer (e.g., 5-5-5 NPK). Follow label directions for "container/garden" application rates.

Soil Moisture Check: Finger Test: Insert your index finger about 1" into the soil. If it feels dry at that depth, it's time to water. If it's still damp, wait another day. **Edge Check:** Pull back a small portion of soil at the bed's edge. If the soil underneath looks dark and crumbly, moisture is adequate. If it's light brown and dusty, plan to water

morning watering will help plants later that morning.
avoid midday heat stress.

[Weekly Care Schedule: Icon-based chart spans full width]

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Pest & Disease Prevention (Companion Planting Tips)

Common Pests & Diseases

Aphids (Cilantro, Parsley, Basil): Signs: Clusters of tiny green or black insects on leaf undersides; curling leaves; sticky honeydew residue. Action: Spray a gentle stream of water to knock them off. Introduce companion marigolds (Pkt 4 Teal) nearby—they help repel aphids.

Whitefly (Tomato, Basil): Signs: Small white moth-like flies that flutter when you disturb the plant; yellowing leaves with a powdery residue. Action: Place a small yellow sticky trap near tomato plants. Plant cilantro (Pkt 2 Yellow) nearby—its pungent aroma deters whiteflies.

Cutworms (Lettuce, Spinach): Signs: Seedlings cut off at soil level, often overnight. Action: Put a cardboard collar (≈ 2" tall) around seedling stems until they're 4–6" tall. Interplant marigolds (Pkt 4 Teal) to confuse cutworms.

Flea Beetles (Radish, Onion): Signs: Tiny shot-hole damage on leaves; adult beetles jumping when disturbed. Action: Sprinkle diatomaceous earth

Companion Planting Tips

Tomatoes (Pkt 5 Orange) + Basil (Pkt 2 Yellow): Basil improves tomato flavor and repels pests (whiteflies, aphids). Plant basil in adjacent cell (6" away).

Lettuce & Spinach (Pkt 1 Light Green) + Marigolds (Pkt 4 Teal): Marigolds deter nematodes and aphids, protecting tender greens. Place marigolds around the bed's perimeter or in alternating cell to maximize coverage.

Onions (Pkt 3 Pink) + Radishes (Pkt 3 Pink): Though radishes and onions are in the same packet, onions repel carrot root fly and aphids. Plant onions and radishes in adjacent cells; their roots won't compete heavily in a 6" × 6" square.

Cilantro (Pkt 2 Yellow) + Tomato (Pkt 5 Orange): Cilantro flowers attract beneficial hoverflies and parasitic wasps that prey on tomato hornworms. Plant cilantro in a neighboring cell (6" distance).

Parsley (Pkt 2 Yellow) + Tomato or

around base. Add marigold (Pkt 4 Teal) at bed edges as a barrier.

Blossom-End Rot (Tomato): Signs: Sunken, dark spots on fruit bottoms. Action: Ensure consistent calcium: sprinkle crushed eggshells 1 tbsp per sq ft around tomato base (see Page 8). Keep soil evenly moist—avoid irregular watering. Plant basil (Pkt 2 Yellow) nearby—its roots exude compounds that can enhance soil microbiome for better calcium uptake.

Powdery Mildew (Spinach, Lettuce): Signs: White, powdery spots on upper leaf surfaces. Action: Increase air circulation by spacing plants properly (see Page 7), water at the soil base (avoid wetting foliage). Companion plant marigolds (Pkt 4 Teal) to reduce humidity near leaves.

Onion: Parsley brings in predatory wasps. Plant parsley near tomato or onion to draw in helpful insects.

Basil (Pkt 2 Yellow) + Pepper (if added later): Although peppers aren't in this kit, you may add them later. Basil planted near peppers can help ward off thrips.

[Companion Layout Diagram:
Placeholder 3.5" × 2"]

Harvest & Next Steps

Harvest Checklist

Lettuce & Spinach (Pkt 1 Light Green): Harvest leaves when they are 4–6" tall—pick outer leaves first to encourage regrowth.

Cilantro (Pkt 2 Yellow): Snip stems just above the base once the plant reaches 6–8" tall; regular harvesting delays bolting.

Parsley & Basil (Pkt 2 Yellow): Pinch or cut stems at soil level when plants have at least 6–8 leaves; harvest basil leaves before flowering for best flavor.

Onions & Radishes (Pkt 3 Pink):
Radishes: Pull once roots are 1" diameter (typically 30 days). Onions: Harvest scallions when stalks reach 8–10"—gently pull from soil.

Marigold Flowers (Pkt 4 Teal): Harvest blooms by cutting just above the first set of leaves; deadhead spent flowers to encourage new blooms.

Black Cherry Tomatoes (Pkt 5 Orange): Pick when fruits are firm, glossy, and deep purple-black; twist gently at the stem or use scissors to snip.

[Harvest Photo Placeholder: 3.5" × 3.5"]

What's Next?

Succession Planting: Once you've harvested your lettuce, spinach, or cilantro, consider planting a new round of quick-maturing greens (e.g., arugula, mizuna) in the same cells. This keeps your bed producing all season.

Replenish & Rotate: After cherry tomatoes finish, empty one corner cell and plant a late-season crop—such as kale or kale microgreens—using the same grid system.

Join Our Advanced Workshop: Ready for more? Scan the QR code below or visit www.newburglegacy.com/advanced to access:

1. Extended planting calendars for 4-season growing.
2. Video tutorials on trellising, vertical gardening, and container conversion.
3. Discounts on upgraded Legacy Garden Builders services (multi-bed packages, in-ground installs).

[QR Code to Advanced Resources: Placeholder 2" × 2"]

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